

## COURSE SUMMARY:

The course is aimed at all teachers, staff, professionals, and persons working in culturally diverse educational contexts. Its main purpose is to develop adults' public speaking skills by using drama techniques and also to improve their communication and presentation skills.

The course is aimed at developing and fostering:

- Interpersonal and intrapersonal communication skills
- Storytelling and presentation skills
- Communicative competence in a foreign language (English)
- Oral communication skills in digital environments
- Metacognition, entrepreneurship, and employability

## TARGET GROUP(S):

- teachers - primary, secondary, vocational, university, adult
- students
- teacher trainers
- staff in education
- working age population (18-65) with the fear of public speaking

## DATES:

27.01. – 31.01.2025.  
 24.02. – 28.02.2025.  
 24.03. – 28.03.2025.  
 07.04. – 11.04.2025.  
 05.05. – 09.05.2025.  
 02.06. – 06.06.2025.  
 30.06. – 04.07.2025.  
 08.09. – 12.09.2025.  
 29.09. – 03.10.2025.  
 03.11. – 07.11.2025.  
 01.12. – 05.12.2025.

## PROGRAMME:

### Day 1

09.00 – 10.30 | Presentation of training institutions, trainers and participants

10.30 – 10.45 | Coffee break

10.45 – 12.15 | Introduction to the programme, warmers and icebreakers

12.15 – 12.30 | Coffee break

12.30 – 14.00 | Presentation of the programme

14.00 | Free afternoon

### Day 2

09.00 – 10.30 | Active listening

10.30 – 10.45 | Coffee break

10.45 – 12.15 | Cohesion and coherence

12.15 – 12.30 | Coffee break

12.30 – 14.00 | Emotional tone vs logical argumentation

14.00 | Free afternoon

### Day 3

09.00 – 10.30 | Nonverbal communication: Postures, gestures and facial expressions

10.30 – 10.45 | Coffee break

10.45 – 12.15 | Nonverbal communication: tone and pace

12.15 – 12.30 | Coffee break

12.30 – 14.00 | Verbal communication in the digital environment

14.00 | Free afternoon

### Day 4

09.00 – 10.30 | Storytelling techniques: Creating a story

10.30 – 10.45 | Coffee break

10.45 – 12.15 | Storytelling techniques: Effective and engaging speech

12.15 – 12.30 | Coffee break

12.30 – 14.00 | Overcoming fear and anxiety

14.00 | Free afternoon

### Day 5

09.00 – 10.30 | Knowledge into action: applying what you've learned

10.30 – 10.45 | Coffee break

10.45 – 12.15 | Reflection and feedback session: participants share their experiences and takeaways

12.15 - 12.30 | Coffee break

12.30 - 14.00 | Closing and evaluation of the course