

## COURSE SUMMARY:

This course is designed for teachers at all levels, teacher trainers, career coaches and heads of educational institutions. It explores various facets of teaching, encompassing class management, promoting well-being, and developing social-emotional skills. Emphasis is placed on fostering critical thinking and honing 21st-century skills like creativity, collaboration, communication, and critical thinking within the classroom. Participants will discover methods to integrate teamwork, time management and problem-solving into their teaching practice, enhancing students' life and career abilities.

The course actively encourages creativity, critical thinking, project-based learning, and learner autonomy and motivation. It equips educators with learner-

-centred teaching approaches and effective strategies to enhance the teaching and learning process. Through the provision of practical examples and innovative teaching techniques, the course aims to engage students and sustain their interests while nurturing imagination, creativity, and open-mindedness. Collaboration among teachers is encouraged, with sessions involving pair and group work, reflective case studies, and the exploration of novel teaching concepts.

## TARGET GROUP(S):

- teachers - pre-school, primary, secondary, vocational, adult, special needs
- teacher trainers, career coaches and counsellors

## DATES:

20.01. – 24.01.2025.  
 17.02. – 21.02.2025.  
 03.03. – 07.03.2025.  
 31.03. – 04.04.2025.  
 05.05. – 09.05.2025.  
 09.06. – 13.06.2025.  
 07.07. – 11.07.2025.  
 01.09. – 05.09.2025.  
 06.10. – 10.10.2025.  
 10.11. – 14.11.2025.  
 01.12. – 05.12.2025.

## PROGRAMME:

### Day 1

09.00 – 10.30 | Presentation of training institutions, trainers and participants  
 10.30 – 10.45 | Coffee break  
 10.45 – 12.15 | Introduction to the programme, warmers and icebreakers  
 12.15 – 12.30 | Coffee break  
 12.30 – 14.00 | Understanding 21st-century skills  
 14.00 | Free afternoon

### Day 2

09.00 – 10.30 | Positive attitude  
 10.30 – 10.45 | Coffee break  
 10.45 – 12.15 | Communication skills  
 12.15 – 12.30 | Coffee break  
 12.30 – 14.00 | Presentation skill  
 14.00 | Free afternoon

### Day 3

09.00 – 10.30 | Problem-solving  
 10.30 – 10.45 | Coffee break  
 10.45 – 12.15 | Working under pressure  
 12.15 – 12.30 | Coffee break  
 12.30 – 14.00 | Time management  
 14.00 | Free afternoon

### Day 4

09.00 – 10.30 | Creativity  
 10.30 – 10.45 | Coffee break  
 10.45 – 12.15 | Flexibility  
 12.15 – 12.30 | Coffee break  
 12.30 – 14.00 | Positive attitude  
 14.00 | Free afternoon

### Day 5

09.00 – 10.30 | Integrating 21st century skills in the classroom  
 10.30 – 10.45 | Coffee break  
 10.45 – 12.15 | Create and present material and activities  
 12.15 – 12.30 | Coffee break  
 12.30 – 14.00 | Closing session, reflections, course evaluation and certificates  
 14.00 | Free afternoon